Summary of February 27, 2015

In attendance: Genesis Bayuelo (Fidelis Care NY); Kali Chan (Adelphi Univ); Ernie Conforti (Stony Brook Medicine); Nancy Copperman (NS/LIJ); Ilene Corina (PULSE of NY); Lisa



Davis (NS/LIJ Care Connect); Dr. Lawrence Eisenstein (NC Health Commissioner); Carol Ann Foley (St. Joseph Hospital); Chris Hendriks (CHSLI); Laurel Janssen Breen (St. Joseph College); Theresa Marandino (NUMC); Heather Reynolds (St. Catherine of Siena MC); Tonya Samuel (Adelphia Univ); Laura Siddons (Stony Brook Medicine); Vincent Strynkowski (Society St. Vincent de Paul); Erica Todisco (Tek Systems); Dr. James Tomarken (SC Health Commissioner); Karen Tripmacher (Winthrop Hospital); Karyn Kirschbaum (NS Boces); Trevor Cross (HRHCare); Zahrine Bajwa (Cornell Cooperative Extension); Tara Fredericks (MHAW); Judy Clarke (HRHCare); Yvonne Spreckles (Stony Brook Univ Hospital); Elizabeth Cohn (Adelphi University); Grace Kelly McGovern (SC DOH); Luis Valenzuela (1199/SEIU Health Education Project); Colleen Valdini (Good Sam Hospital); Sue Palo (St. Francis Hospital); Carlos Ortiz (HRHCare); Pegi Orsino (RSVP); Gerri Moore (Molloy College/Asthma Coalition of LI); LuAnn Rowland (St. Joseph College); Gail Carlin (South Nassau Communities Hospital); Eileen Solomon (Eastern LI Hospital); Lisa Benz Scott (Stony Brook University); Janine Logan (NSHC) and Tavora Buchmann/Celina Cabello (NC DOH) via phone.

Meeting opened with introductions around the room.

Grants Update

Janine Logan attended the PHIP orientation session in Albany on Jan. 23, 2015 for the state's PHIP contractors. Session provided more clarity, but still no contract signed. PHIPS are regional resources to assist PPSs, DSRIP and SHIP processes/initiatives and all institutions involved with those initiatives. LI PHIP will gather data and issue reports; assess workforce needs and issue recommendations/reports; provide strategic plan for the region's healthcare needs. It will also offer technical assistance to LIHC members wishing to institute evidence-based chronic disease management programs (such as Stanford Self-Management Program). Assist them with obtaining the training. LI PHIP will also assist the collaborative with its Complete Streets project and Rx for Walking program. Tie awareness about the two together by promoting both among community members, local businesses, civic organizations, local health centers, PCP practices, etc. to get them to use improvements of Complete Street projects by recommending walking. LI PHIP will also construct its own website and help build out current LIHC site. PHIP funds will also support formal leadership training and help define governance structure of LIHC.

After discussion, collaborative members declined to submit an app to the SCALE foundation. Not appropriate for our collaborative at this time. SCALE is looking for more established collaboratives.

Out of the Box is another opportunity to raise awareness about the collaborative and secure some funding. Out of Box is a competition supported by the Community Tool Box. The prize honors exemplary approaches to promoting community health and development in communities worldwide. Grand prize is \$5000; second prize \$3000. Deadline April 30, 2015. Janine Logan to investigate and perhaps apply on behalf of collaborative. http://ctb.ku.edu/en/out-of-the-box

Data Project Update

Group reviewed sample report provided by Stony Brook University. Presented raw data. Discussion about improving the Wellness Survey tool ensued. Add line about gender identification and n/a response regarding smoking. After minor tweaking the survey will be ready for use by all LIHC members. LIHC members were previously assigned identifiers by Stony Brook.

Subgroup Reports

<u>Education/Public Outreach</u> – chaired by Christine Hendriks. Committee met Jan. 15th to further review materials for Rx for Walking for Program. Group to meet after full LIHC meeting concludes today.

Complete Streets – chaired by Nancy Copperman. Group held a meeting prior to this full LIHC meeting. Nassau CS project concerns Eisenhower Park. One street along park is getting an upgrade. Improvements become wellness amenity for community. Sell the CS idea to the community. Help community see that this is a place where they can exercise and get well. Suffolk County CS projects concerns Wyandanch Rising re-development project. There is economic development and re-vitalization taking place in this community. Suffolk has put together CS policy for the whole county and integrates it into all county projects. Wyandanch already has a Wellness Committee in place with diverse stakeholders. LIHC should leverage this committee to get the word out. Does community want all these improvements? Reps from HRHCare said it is often very difficult to get community buy in and the community members engaged. Have seen this issue with local school district.

Show community how CS is connected to their health. Show people that their tax dollars are at work.

Public works departments of both counties overwhelmed with snow removal duties in past weeks.

Some of the funds from the NYSHF grant are supporting Complete Streets work and some funds supporting education/promotion efforts that tie health message of walking/exercise to Complete Streets projects in progress and those concluded. Want people to make the connection between health and a policy like Complete Streets. The overarching public awareness initiative that the LIHC is sponsoring incorporates promotion/awareness related to Complete Streets and healthy activity.

<u>Academic Partners</u> – chaired by Laurel Breen from St. Joseph's College. Group held meeting prior to today's full LIHC meeting. Working on goals and objectives. Will explore initiatives through the academic partnership found in the LIHC. Two categories: individual approach for students and academic practicum – population-focused.

Other Business

The NYSDOH contacted LIHC about holding an event during Public Health Week – April 6th – 11th. Turned to us because of our walking initiative and focus on improving the public's health. State Health Commissioner Dr. Howard Zucker will travel to different regions in the state. Will be on LI on Thursday, April 9. Janine Logan worked with state health dept to plan a walk at a state park. Highlight of the event will be the official launch of the LIHC's Rx for Walking program. Health Commissioner and local health commissioners will ceremonially sign a blown up copy of the prescription. More details to follow. This is a public event and as many walkers as possible are needed. Event to begin at 10 a.m. More details to follow. LIHC members and their constituents are encouraged to attend and/or promote the walk.

NYSDOH alerted us to Delaware County Walking website. LIHC viewed the site and agreed we want something similar for our Rx for Walking program. Here is site's link: http://getoutandwalk.org/

CDC has toolkit for creating healthy hospital environments and one on activity. Members encouraged to check it out on CDC website.

America Walks and the Every Body Walk! Collaborative are calling for proposals for presenters at the Oct. 28 - 30 National Walking Summit to be held in Washington DC. Group asked to consider LIHC's interest.

Other local events: Hofstra University Second Annual Health Equity Symposium 3/4/15 at Hofstra Univ.

PULSE of NY's Symposium – April 20, 2015 at Holiday Inn in Plainview – The Changing Culture of Healthcare: Impacting Patient Safety – featuring international safety pioneer Dr. David Marx.

Upcoming Meeting Dates (all meetings at the NSHC offices in Hauppauge, unless noted otherwise)

Tuesday, March 31 2015 10 – 11:30 a.m.

Subgroups also meeting that day are:

Education/Public Outreach Subgroup at 12:30 p.m. Complete Streets Subgroup at 9:30 a.m. Academic Partners Subgroup at 9:15 a.m.

PLEASE REMEMBER:

Facebook page and Twitter accounts for the Long Island Health Collaborative:

Twitter: @ligethealthy https://twitter.com

Facebook: https://www.facebook.com/pages/Long-Island-Health-

Collaborative/1451139511781173

Please friend and follow. Tweet any news related to obesity reduction/programs; healthy lifestyle, walking, and walkability projects in local communities. As a reminder subgroup chairs are as follows:

Pat Kiernan and Nancy Copperman (Co Chairs) – Grants
Chris Hendriks – Education/Public Outreach
Yvonne Spreckels and Karyn Kirschbaum (Co Chairs) – Walking Initiative
Janine Logan – Industry Partners
Nancy Copperman – Complete Streets
Laurel Breen – Academic Partners